



Swami Vivekananda University, Barrackpore, W.B., India Department of Food & Nutrition



**NUTRIPORT
2023**

ABOUT US

Hippocrates said, "Let food be thy medicine, let medicine be thy food", the quest for promoting good nutrition and healthy dietary practices, as a preventive strategy against lifestyle and metabolic diseases continue. The internet with its pool of readily available, un-verified and unscientific information regarding food, has become a menace to the general population. It is nearly impossible for the layman to distinguish right from the wrong. Fad diets and crash diets popularised by celebrities are furthermore adding to the woes. In such scenario, the role played by Nutritionists and Dietitians become even more crucial as it is their responsibility to establish science over mis-information, food facts over fads.

Here, at the Food and Nutrition Department of Swami Vivekananda University, under the guidance of our respected Advisory Board Members, are striving each day to narrow down the gap between scientific findings and practical day to day life. We are trying to understand the several dynamics of food— the chemical constituents, their biochemical aspects, as well as their interaction with the host and environment, across myriad geographical and demographic boundaries.

INTERNATIONAL CONFERENCE (ICALF-2023)

The International Conference on Agriculture, Life Sciences, and Food Science 2023 (ICALF 2023) unfolded its intellectual odyssey at Swami Vivekananda University on February 27th and 28th. The inauguration of this scholarly extravaganza was graced by the eminent presence of V. N. Rajasekharan Pillai, a distinguished figure renowned for his tenure as the former Vice-Chancellor of Somaiya Vidyavihar University in Mumbai.

ICALF 2023 transcended the realm of a mere symposium. It stood as a meticulously planned and executed intellectual endeavor, where every detail was meticulously crafted to ensure a seamless blend of academic excellence and logistical finesse. The precision of the Organizing Committee, coupled with the invaluable contributions from keynote speakers, crafted a narrative of success.

The published papers, akin to the denouement of a well-written story, stand as a testament to the scholarly impact of the conference. As the curtains fall on ICALF 2023, it leaves behind a legacy – a legacy of collaborative knowledge creation, intellectual exchange, and a platform set for future advancements in the critical domains of Agriculture, Life Sciences, and Food Science. The echoes of this conference will resonate in the corridors of academia, shaping the future narrative of research and innovation in these vital fields.



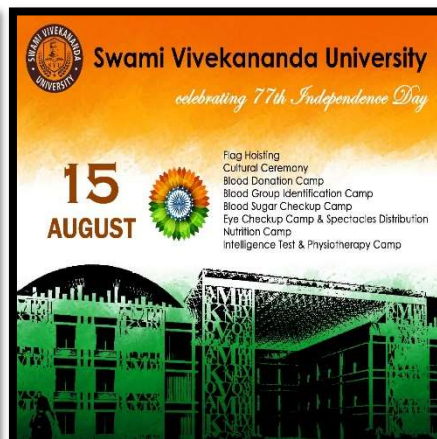
BASANTA UTSAB - THE FESTIVAL of COLOURS, CELEBRATED ON SWAMI VIVEKANANDA UNIVERSITY

Swami Vivekananda University recently celebrated the vibrant and joyous festival of Basanta Utsab, spreading a wave of color, culture, and festivity across the campus. This lively event, held on 3rd March 2023, brought together students, faculty, and staff to revel in the spirit of spring. The campus was adorned with a reserve of colors as participants engaged in traditional rituals, music, and dance. The festivities not only provided a delightful break from routine but also fostered a sense of unity and cultural appreciation among the university community. Organized with enthusiasm and flair, the Basanta Utsab at Swami Vivekananda University echoed the essence of joy, renewal, and togetherness, creating cherished memories for everyone involved.



SWAMI VIVEKANANDA UNIVERSITY-CELEBRATING 77TH INDEPENDENCE DAY

Swami Vivekananda University organised a big celebration for 77th Independence Day. It happened on 15.08.2023, and everyone – students, teachers, and staff – came together to remember and honor the people who helped India become free. We started the day by raising the Indian flag and singing our national anthem. On that special day Blood Donation Camp, Blood Group Identification Camp, Blood Sugar Checkup Camp, Eye Checkup Camp and Spectacles Distribution, Nutrition Camp, Intelligence Test and Physiotherapy Camp were also organised. There were also performances with music and dancing that made everyone feel proud and happy. The celebration was like a special day to appreciate our country and the people who worked hard for its freedom. It reminded us that we all play a part in making our country better and stronger. The day was not just about the past; it was a time for us to think about how we can contribute to India's progress in the future.

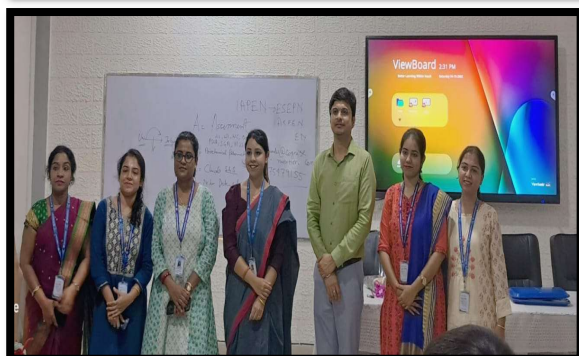


MEMORANDUM of UNDERSTANDING (MOU)

The Department of Food and Nutrition of Swami Vivekananda University established a Memorandum of Understanding with 'K. K. Das College on 8th June 2023, 'Kanailal Bhattacharyya College' on 20th July, 2023, and IIFST (Aurangabad, Maharashtra) on 22th December, 2023. This helps academic cooperation to contribute to the achievement of their overall goals as institutions. Collaboration in academic publications, research activities, field trips, and academic publications will be initiated by this MOU. Visits, training, and exchanges of faculty and staff, joint educational/vocational courses, joint consultancy, Ph.D. supervision, scientific publications, co-hosting and participation in conferences, seminars, symposiums, workshops, social and cultural programs, any other activity mutually agreed upon and beneficial to both.



NATIONAL NUTRITION MONTH CELEBRATION



The Department of Food and Nutrition, Swami Vivekananda University celebrated National Nutrition Month from the 15th to the 21st of September 2023 at the university campus. Renowned delegates named Mr. Soumyendu Ghosh, Entrepreneur and Clinical Dietitian, Ms. Padmaja Nandi, Senior Dietitian and HOD, Narayana Multispeciality Hospital, Dr. Sunanda Biswas, Assistant Professor of Food and Nutrition Department, Acharjya Prafulla Chandra College, Dr. Utsa Basu, Diabetologist, and Dr. K. P. Baidya were delivered their lecture on the importance of nutrition on human health. The students of the Food and Nutrition Department participated poster presentation and delivered their nutrition knowledge and also participated in a skit competition. Students of other colleges also participated and presented their posters.

INTERNATIONAL CONFERENCE (ICSA-2023)



The International Conference on Scientific Advances in Life Sciences, Agriculture, and Food & Nutrition (ICSA 2023) unfolded at Swami Vivekananda University from September 28 to 30, emerging as a noteworthy gathering of scholarly minds and innovative research. The anthology of 205 papers stands as a lasting legacy of ICSA 2023, encapsulating the collective efforts and insights of the academic community. These papers are not just publications; they represent a reservoir of knowledge that will continue to influence and shape the trajectory of research in life sciences, agriculture, and food & nutrition. In conclusion, ICSA 2023 at Swami Vivekananda University was not merely a gathering; it was a dynamic platform that fueled intellectual discourse, fostered collaboration, and laid the groundwork for future advancements in scientific research.

STUDENT PARTICIPATION IN NESTLE NON-FIRE COOKING COMPETITION

A very exciting innovative food recipe & non-fire cooking competition took place with a number of participants on 14.9.2023. The event was organised by Nestle and the MSc students from the department of Food and Nutrition taken part in it. The venue of this beautiful event was Maharani Kashiwari College, Kolkata. Various delicious products were prepared on that day by the students of our department, Maharani Kashiwari College students were equally very much enthusiastic in that competition. The session was wrapped by a vote of thanks, given by Dr. Anindita Ray Chakravarti, HOD, Department of Food and Nutrition, Maharani Kashiwari College.



FACULTY DEVELOPMENT PROGRAM

Faculty members of the Department of Food and Nutrition took active participation in two days long faculty development program dated 23.9.2023 and 24.9.2023, organised at Swami Vivekananda University taken by eminent speaker Shri Prabhakar Ukil.

University arranged a faculty development program with aiming for sustainable development and achieving higher growth rates which could be enabled through creation, transmission, and dissemination of knowledge. Higher education at all levels in the country is witnessing a consistent growth pattern marked by the setting up of new institutions and the improvement of the existing ones. Demand for qualified teachers and faculty members over the next few years would be substantial and will become extremely critical for states to expand the current institutional capacities, not only of infrastructure but also of qualified and trained faculty members.



SMART INDIA HACKATHON-2023



The mind storming event organised by Swami Vivekananda University from NSS unit, that is Smart India Hackathon, dated 22.9.2023. Several participants of varied streams & departments of the university participated in that particular event. The objective of this event to explore and invent new idea generations from young minds and the real-life applications. Five teams from the department of Food and Nutrition took part in this innovative productive Hackathon. The final outcome was, the winner team of the event Hackathon was from Department of Food and Nutrition. The name of the team was "Innovators Alliances".



TEACHERS' DAY CELEBRATION

Faculty members of Food and Nutrition, have taken part in centrally organised Teachers Day Celebration on 5th September, 2023. The Day was celebrated with immense zeal in our university by colorful magnificent participation of students and popular stage performer & singer Anindya Bose. It was a day to pay respect to the teachers and thank them for the efforts and hard work they put in every day, all around the year, to nurture the students.



PRAK SARODIYA IN OUR UNIVERSITY



The Durga Puja has reached every corner of the world, transcending geographical boundaries. The four-day festival has indeed become an essential part of every Indian's life. Our university organized a pre-puja celebration on the 16th and 17th of October at the university campus. Students and faculty members presented different cultural programs. The students and faculty members of the Food and Nutrition department participated in the cultural program. They presented drama and dance. This pre-puja celebration enhanced the atmosphere of Durga Puja in advance for all university members.

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