



3rd Edition

2025

SWAMI VIVEKANANDA UNIVERSITY

ZEPHYR

A NEWS LETTER FROM THE DEPARTMENT OF
EDUCATION, MARCH, 2025



ABOUT THE DEPARTMENT

The Department of Education at Swami Vivekananda University, Barrackpore, provides transformative and innovative learning experiences by cultivating and nurturing the future pioneers of our society. Since its foundation, the department has been working tirelessly to prepare Education students so that they can sustain the complex globalized fraternity. The faculty members of the Education Department of Swami Vivekananda University hold higher degrees in the field of Education and possess with their years-long experience and sheer dedication, they vow to impart quality knowledge to every student who wants to prosper in their career. The department is especially remarkable in conducting constructive



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debates, seminars, special lectures, and workshops to nurture the hidden skills of every student. Students are further encouraged to join relevant companies for internship programs. Not only that, but the Education Department of Swami Vivekananda University trains its students to face and handle social injustice and inequality with compassion, humbleness, and professionalism.

FROM THE EDITOR'S DESK

As we embark on this literary journey with the inaugural edition of "Zephyr," the newsletter of the Education Department at Swami Vivekananda University, it is with great joy and anticipation that I welcome you to the Editor's Column.

"Zephyr," named after the gentle breeze that carries the whispers of knowledge, seeks to be a harbinger of inspiration, enlightenment, and intellectual camaraderie. In the hallowed halls of academia, our collective pursuit of wisdom unfolds like the delicate dance of leaves in the wind, each page a testament to the intellectual vitality within our academic community.

In this column, we aspire to foster a space for contemplation, dialogue, and celebration of the scholarly achievements that define our academic tapestry. May "Zephyr" be a beacon, guiding us through the vast realms of education, where the winds of inquiry propel us towards greater understanding with profound gratitude and enthusiasm.

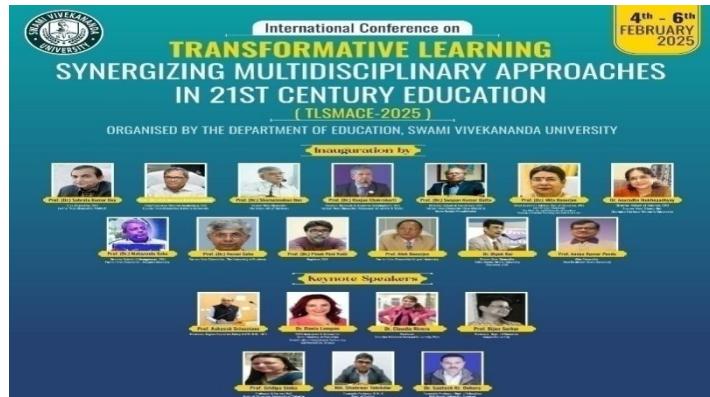
Dr. Liton Mallick

Editor-in-Chief, "Zephyr" & HoD, Department of Education

CONFERENCE

TLSMACE: 2025

The 'International Conference on "Transformative Learning Synergizing Multidisciplinary Approaches in 21st Century Education" was hosted by the Department of Education, Swami Vivekananda University, from 4th to 6th February 2025. This esteemed event provided a dynamic platform for scholars, educators, and activists to delve into critical discussions across various educational domains. It focused on addressing challenges in bridging theoretical knowledge with practical application in education. Distinguished luminaries from around the world enriched the





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conference with their insightful perspectives, fostering a global exchange of ideas. The event featured keynote speeches, interactive sessions, and paper presentations that explored innovative strategies for knowledge dissemination and application. The conference underscored the importance of interdisciplinary approaches in addressing modern educational challenges. It served as a significant milestone in promoting academic collaboration and excellence. The Department of Education reaffirmed its commitment to advancing global education through such intellectual engagements.

In addition to the formal sessions, the conference encouraged networking among attendees,



fostering partnerships for future academic and research collaborations. Workshops and panel discussions provided a deeper understanding of emerging educational technologies, curriculum reforms, and policy innovations. The event also highlighted the role of inclusive education, teacher training, and student empowerment in achieving

sustainable educational development. Participants shared best practices from different regions and educational systems, exploring diverse approaches to knowledge acquisition and its practical applications. The conference proved to be an enriching experience, contributing significantly to the ongoing global conversation on improving education systems worldwide. Through its rich diversity of perspectives and expertise, the conference paved the way for new initiatives and collaborations aimed at transforming education for future generations.

SPECIAL LECTURE

A special lecture on '**Social Responsibility, Caring and Sharing**' was arranged by the Department of Education, Swami Vivekananda University on 4th March, 2025.

It helps participants understand the importance of social responsibility and how individual actions can contribute to positive societal changes. People often aren't fully aware of the impact their actions can have on others and the environment. This can create a more understanding and supportive community. Caring and sharing are essential values in

 **SWAMI VIVEKANANDA UNIVERSITY**

4th March, 2025
11:00 A.M. Onward

Special Lecture on
SOCIAL RESPONSIBILITY
CARING & SHARING



Dr. Pragyan Mohanty
Principal, Seth Surajmal Jalan College, Kolkata

Prof. (Dr.) Mita Banerjee
Chief Academic Advisor, Department of Education, SVU

Dr. Liton Mallick
Head of the Department of Education, SVU

Dr. Amitava Bhowmick
Convenor
Assistant Professor (Department of Education), SVU



building strong, healthy communities. A lecture can inspire individuals to engage more actively in their communities, whether through volunteering, helping those in need, or supporting charitable causes. Learning about social responsibility can lead to more ethical choices, whether it's in business, personal life, or social interactions. It helps people think beyond their own interests and consider the well-being of others. Special lectures on these topics often emphasize the importance of leading by example. By encouraging responsible behaviour, they help shape future leaders who will prioritize social good and ethical actions in their careers and personal lives. The lecture can present real-life examples of social issues, helping individuals think critically about solutions and ways to contribute. This encourages proactive thinking and problem-solving when faced with societal challenges.

Many times, social responsibility includes a focus on environmental sustainability and social equity. These topics help participants understand how sharing resources and caring for the environment can lead to long-term positive outcomes for society.

When individuals are educated about the importance of caring and sharing, they are more likely to pass these values on to others, creating a ripple effect that spreads to wider circles within the community. Engaging in acts of kindness and responsibility often leads to personal fulfilment and happiness. It boosts mental well-being, as people feel good about helping others and contributing to meaningful causes. Such lectures often encourage individuals to work together for a common cause, which can help reduce divisions in society and promote unity across diverse groups.

Another special lecture on '**Women's Education and Health: An Issue Even in the 21st Century**' was arranged by the Department of Education, Swami Vivekananda University on 8th March, 2025 for **International Women's Day** celebration.

In an era of rapid technological advancements and social progress, it is disheartening that women's education and health continue to be critical global challenges. Despite numerous initiatives, millions of women worldwide still face barriers to accessing quality education and healthcare. This lecture aims to explore the reasons behind these persistent issues and discuss ways to bridge the gender gap in education and health.

Educated women contribute significantly to economic development by participating in the workforce and starting businesses. According to research, every additional year of schooling increases a woman's earnings by 10-20%. Education equips

International Women's Day Celebration, 2025

 **Department of Education
Swami Vivekananda University**

8th March, 2025
12.00 Noon Onwards

Special Lecture on

WOMEN'S EDUCATION AND HEALTH: AN ISSUE EVEN IN THE 21ST CENTURY



Dr. Indrani Ghosh
Assistant Professor
Diamond Harbour Women's University
West Bengal, India

Prof. (Dr.) Mita Banerjee
Chief Academic Advisor
Department of Education, SVU

Dr. Liton Mallick
Head and Assistant Professor
Department of Education, SVU

Dr. Rumti Das
Convenor and Assistant Professor
Department of Education, SVU



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women with the knowledge and confidence to engage in civic and political life, ensuring their voices are heard in decision-making processes. Educated mothers are more likely to ensure their children receive proper education, thus breaking the generational cycle of poverty. Education increases awareness about health, sanitation, and hygiene, leading to better family and community health outcomes.

Many societies still hold traditional views that prioritize boys' education over girls'. In many developing countries, girls are married off at an early age, depriving them of the opportunity to continue their education. Insufficient schools, lack of female teachers, and poor sanitation facilities deter girls from attending school. Many families struggle financially and prioritize male education due to limited resources. Despite medical advancements, many women, particularly in developing countries, die due to complications during pregnancy and childbirth. Women often lack access to contraceptives and reproductive health services, leading to unintended pregnancies and unsafe abortions. Poor nutrition affects women's health, impacting their productivity and overall well-being. Depression, anxiety, and stress-related disorders among women often go unrecognized due to stigma and lack of awareness. Physical and emotional abuse significantly affects women's mental and physical health.

WALL MAGAZINE

Department of Education, Swami Vivekananda University, Barrackpore

DIGITAL WALL MAGAZINE

SWAMI VIVEKANANDA UNIVERSITY

DEPARTMENT OF EDUCATION

March 2025

FIND YOUR BALANCE: YOGA & SUSTAINABLE LIVING

Live Light, Breathe Deep, Act Wisely- Wellness for You, Wellness for the World

The Department of Education at Swami Vivekananda University is at the forefront of integrating yoga practices and sustainable living into its curriculum and campus culture. Inspired by Swami Vivekananda's teachings on holistic development and harmony with nature, the department is committed to fostering a balanced, mindful, and eco-conscious lifestyle among students, faculty, and the broader community. The department integrates yoga and sustainability into its academic programs, related to our ancient philosophy, mindfulness, and environmental education. It promotes sustainable living through daily yoga sessions, eco-friendly campus practices, green spaces, and awareness through workshops, seminars, and eco-yoga challenges.

>>> OUR VISION FOR THE FUTURE <<<

The Department of Education envisions a future where every individual embrace yoga and sustainable living as a way of life. By combining ancient wisdom with modern practices, the department aims to create a generation of mindful, responsible, and environmentally conscious leaders. Through its innovative curriculum, engaging activities, and digital outreach, the Department of Education at Swami Vivekananda University is paving the way for a healthier, more sustainable world.



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WORKSHOP

One day workshop on ‘**Research Methodology**’ was arranged by the **Department of Education, Swami Vivekananda University** in collaboration with **South Calcutta Girls’ College** on 11th March, 2025.

A workshop on research methodology offers numerous benefits, especially for students, researchers, and professionals. Provides hands-on training in research design, data collection, analysis, and interpretation. Improves understanding of qualitative and quantitative research methods. Teaches how to write research papers, literature reviews, and citations properly. Helps in structuring a thesis or dissertation effectively.



Emphasizes research ethics, plagiarism prevention, and responsible data handling. Educates about copyright laws and intellectual property rights. Encourages analytical thinking to evaluate sources and interpret findings accurately. Enhances the ability to identify research gaps and formulate strong objectives or research question and hypotheses. Provides hands-on experience with statistical tools like SPSS, Python, or Excel. Helps in choosing the right methodology for different types of research. Allows interaction with experienced researchers, professors, and peers. Creates opportunities for collaboration and future research projects. Provides clarity on research processes, reducing confusion and hesitation. Encourages active participation and problem-solving in research challenges. Guides on how to submit research papers to journals and conferences. Provides insights into peer review processes and impact factors.

THANK YOU.....