(43) Publication Date: 28/03/2025

(19) INDIA

(22) Date of filing of Application :12/03/2025

(61) Patent of Addition to Application Number

Filing Date (62) Divisional to Application Number

(54) Title of the invention: Probiotic malai formulation

:A61K35/74, A23C9/12, A23L33/135 (51) International classification (86) International Application No :NA : NA Filing Date (87) International Publication No

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Filing Date

The present invention discloses a probiotic malai formulation comprising yogurt, jaggery, dark chocolate, and optionally cashew nuts, designed to provide enhanced digestive health benefits while maintaining a rich, creamy texture and delightful taste. The formulation integrates live probiotic cultures to support gui microbiota, Jaggery as a natural sweetener rich in minerals, and dark chocolate for its antioxidant and flavonoid content. The process involves controlled fermentation of yogurt, incorporation of jaggery and dark chocolate, followed by homogenization and cooling to ensure probiotic stability. This probiotic malai offers a nutritionally enriched, clean-label alternative to conventional desserts, promoting digestive wellness, immune function, and overall health. The invention ensures an extended shelf life while maintaining probiotic viability through optimized packaging and refrigeration techniques.

No. of Pages: 13 No. of Claims: 8