

CURRICULUM VITAE

SUDESHNA ROY

E-mail address: roysudeshna2509@gmail.com

Mobile no. 9038030407

Research Experience:

Ph.D. in Applied Psychology (August,2019) from University Of Calcutta. Enrollment: September, 2013. Registration no. 2352/ ph. D. (Arts) proceed/ 2015.

Subject: Identification Of Psychological Factors Linked To ‘Dysfunctional Belief’ And A comparison between Obsessive Compulsive Patients And A Nonclinical Sample.

Work experience:

- 2 and a half years of experience of working as an Assistant Professor at Sister Nivedita University in the Department of Psychology. (from December,2022 to May,2025)
- 3 years experience (December,2019 to November,2022) of working as an Assistant Professor at The Neotia University in the Department of Applied Psychology.
- 1 year and 9 months (April,2016 to January,2018) experience of working as a part time teacher of Psychology at St. Luke’s Day School, Naihati.
- 1 year and 5 months (January,2014 to June,2015) experience of working as Guest Lecturer at Santipur B.Ed College.
- 4 months(January,2013 to April,2013) experience of working as Lady Counsellor under State Family Welfare Bureau , Govt. of West Bengal, funded project on ‘Adolescent Health Clinic’ at Goghat I, BPHC, Hooghly.
- Worked for SPU unit under Department of Applied Psychology, University of Calcutta(2013-2015).

Publications and Paper presentations:

"A comparative study on music and heart-rate among young adults"

Shristi Guha and Sudeshna Roy, International Journal on Science and Technology (IJSAT), Volume16, Issue 2, April-June, 2025, E-ISSN: 2229-7677

“A correlational Study on Stress, Resillience and Agression among college students in Kolkata”

Raya Mandal and Sudeshna Roy, International Journal of Indian Psychology, Volume 12, Issue 1, Jan-March,2024

ISSN- (electronic): 2348-5396, ISSN (Print):2349-3429

“A comparative study on academic career development stress, parent child relationship and self esteem of female school students having working mothers and non-working mothers”

Sudeshna Roy and Ushri Banerjee, Indian Journal of Positive Psychology (ISSN-P-2229-4937e-2321-368X), Volume 7, Issue 2, June 2016.

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“Bengali Translation and Adaptation of Metacognition Awareness Inventory”

Sudeshna Roy and Sadhan DasGupta, Indian Journal Of Community Psychology (ISSN-0974-2719), Volume 12, Issue II, September 2016.

Presented a paper named “Stroop interference and working memory deficits as correlates of perfectionism in OCD and a comparison with nonclinical sample” at International conference on contemporary trends in clinical psychology in NIMHANS, Bangalore on November,2016.

Presented a paper named “Dysfunctional beliefs related to OCD and personality types” at 52nd National and 21st International conference of Indian Academy of Applied Psychology (IAAP) on Psychology for building global community at University of Rajasthan on February, 2017.

Presented a paper named “Dysfunctional beliefs related to OCD and metacognition” at National conference on expanding frontiers of Applied psychology: Golden Jubilee celebration of Department of Applied Psychology on March, 2017.

“A correlational Study on Stress, Resilience and Agression among college students in Kolkata” International Journal of Indian Psychology, Volume 12, Issue 1, Jan-March,2024

Academic qualification:

Year of passing	Course	School / Department	Institution/Board of Examination	Marks Obtained (in percentage)
2012	Master of Arts (M.A) in Applied Psychology.	Department of Applied Psychology (specialization : Clinical and forensic psychology)	University Of Calcutta	74%
2010	B.A. (Hons), Psychology.	Department of Psychology	Bethune College, Kolkata (University of Calcutta)	58.50%
2007	Higher Secondary Examination (Class XII),WBCHSE	Krishna Bhabini Nari Siksha Mandir	West Bengal Board Of Higher Secondary Education	77.6%
2005	Madhyamik Examination	ST. Anthony’s School For girls, Chandannagar	West Bengal Board Of Secondary Education	76%

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Other achievements

- Attended 5days(12th to 16th July,2021)Faculty Development Programme on “Mental and Behavioural Health of Students: Bridging the Teacher Student Gap organised by Amity institute of Behavioural Health and Allied Sciences, Amity University, Kolkata.
- Attended the International Refresher Course on Emerging Jurisprudence of Intellectual Property Rights and Policies: Recent Trends and Challenges Around the Globe from 6th to 18th September,2021 organised by The Neotia University.
- Chaired a session in the International Conference on Language, Culture and Cognition organized by Adamas University(2024).
- Attended one Day Workshop on Writing, Personality and Cognition at The International Conference on Language, Culture and Cognition organized by the Centre for Study of Contemporary Theory and Research , Adamas University(2024).
- Attended oneday workshop on ‘Democratizing Data Science: Exploring Open Source Statistical Software’ organized by Department of Statistics, Sister Nivedita University(2024).
- Successfully completed ‘**Computer Management And Consultants**’ course (Registered under the West Bengal societies Registration Act IX of 1932) with ‘A’ grade.
- Attended **Antara Psychiatric Centre** as a part of practical training programme during masters.
- Attended **R.G Kar Medical College and Hospital** as a part of practical training programme.
- Attended a camp organized by **Bharat Scouts & Guides** in 2002.

Permanent Address: Coconut nursery lane, surpara, Bagbazar, Chandannagar. Hooghly.712136

Father’s name: Late Amitabha Roy

Mothers name: Dalia Roy

Spouse’s name: Saumya Chakraborty

Date of birth: 25.09.1988

All mentioned facts are true to my knowledge and understanding.

Sudeshna Roy