

Curriculum Vitae

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Ms. Rudrani Mitra is a Consultant Psychologist with M.Sc in Applied Psychology from Bethune College (Calcutta University) & multiple certifications including Psychiatric Counseling (Indian Psychoanalytical Society, Kolkata), Graphology (KIG), SFBT, Art Therapy, Transactional Analysis, Personality Assessments, and Faculty Development Programmes. She holds RCI registered PGDDRM (RCI NO: A78817) from National Institute for Locomotor Disabilities under WBUHS and is currently pursuing her Ph D. She is also attached to Swami Vivekananda University as an Assistant Professor and practicing in various clinics as a Consultant Psychologist, Mental Health Practitioner. She conducted and participated in multiple webinars, workshops, mental health camps, and academic sessions on emotional regulation, clinical psychology, conflict resolution, emotional intelligence, suicide prevention, autism, and workplace mental health and also served as speaker, panelist, and facilitator in programmes focused on life skills, positive parenting, social-emotional learning, and children/adolescent mental health across colleges, schools, NGOs, and professional organizations.