



LINA SARKAR

SURYA SEN PALLY, DUM DUM CANTONMENT. P.O.- RABINDRA
NAGAR NEAR JUBAK SANGHA CLUB KOLKATA - 700065
8017163947 | linasarkar052@gmail.com

Objective

Dedicated and UGC-NET qualified Psychology educator with a blend of teaching, research and field experience. Passionate about fostering student growth through interactive teaching, emotional support and value-based education. Seeking to contribute meaningfully to the academic and psychological development of learners.

Experience

- SWAMI VIVEKANANDA UNIVERSITY** 01.09.2021 - TILL NOW
Assistant Professor & Co-ordinator, Department of Psychology
- SCOTTISH CHURCH COLLEGE** FEB,2021 - AUGUST, 2021
Guest Lecturer
- SOCIETY FOR MENTAL HEALTH CARE, ANANDANIKETAN** 28.11.2019 - 29.02.2020
Psychologist

Education

- UNIVERSITY OF CALCUTTA** 2021
Post P.G Diploma Course in School Counselling
69.4 %
- UNIVERSITY OF CALCUTTA** 2019
Master's in Applied Psychology
62.7%
- ASUTOSH COLLEGE (UNIVERSITY OF CALCUTTA)** 2017
Bachelor in Psychology (Hons.)
50.25%
- DUM DUM MOTIJHEEL GIRLS HIGH SCHOOL (WBCHSE)** 2014
12th
73.20
- DUM DUM BAIDYANATH GIRLS HIGH SCHOOL (WBBSE)** 2012
10th
65.57%

Achievements

- UGC NET 2020 QUALIFIED FOR ASSISTANT PROFESSOR
- QUALIFIED THE WEST BENGAL COLLEGE SERVICE COMMISSION (WBCSC) EXAMINATION, 2023. RANK 5 IN PSYCHOLOGY (SC)

Skills

- DANCE (CLASSICAL, FOLK, CREATIVE, RABINDRIK)

Additional Information

NPTEL FDP CERTIFICATION IN RESEARCH METHODOLOGY.
NPTEL FDP CERTIFICATION IN HAPPINESS AND WELL BEING.

Publications

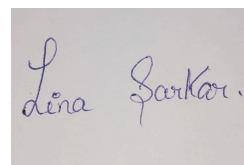
• RESEARCH ARTICLE

1. Tewari, S., Sarkar,L., Bhoi, S., Sahu, S., (2021). Nutritional Psychiatry: Focuses on Improving Mental Health through Diet. International Journal for Modern Trends in Science and Technology,7(12): 85-91,2021, DOI: 10.46501/IJMTST0712015
2. Tewari, S., Sarkar,L., Pramanik, P., Mukherjee, P., Pattanayak, A. & Khan, F.M. (2023). Microbiome: Human Nutrition and Psychology. International Journal of Indian Psychology, 11(3), 1146-1157. DIP:18.01.110.20231103, DOI:10.25215/1103.110
3. Sahana,R., Sarkar,L. (2024). Impact of Internet Gaming on Academic Performance and their Rejection Sensitivity of a Private University on Female Students. International Journal of Psychology Research 2024; 6(1): 22-24. DOI: 10.33545/26648903.2024
4. Sarkar,L., Dasgupta, S. & Sah, S. (2024). Effects of Dance and Art Work on Anxiety and Aggression of College Student. International Journal of Indian Psychology, 12(2), 2328-2335. DIP:18.01.201.20241202, DOI:10.25215/1202.201
5. Farhana,S. & Sarkar,L.(2025). Feedback loop of dream lag effect and emotional regulation. International Journal of Applied Research,11(2), 2394-5869. DOI:10.22271/allresearch.2025.v11.i2a.12340
6. Sarkar,L.,Khanal,K.(2025). Influence of dietary habits due to body image issues on homosexual men.International Journal of Multidisciplinary Trends 2025; 7(2), DOI:https://doi.org/10.22271/multi.2025.v7.i2a.589
7. Bhowmik, A. R, Chakraborty, M., & Sarkar, L. (2025). Influence of breadcrumbing on antisocial personality disorder in adolescents. International Journal of Biology Sciences, 2025;7(2):28-32. DOI: 10.33545/26649926.2025.v7.i2a.295

• BOOK CHAPTER

- 1.Sarkar, L., (2023). Social Psychology: Social interaction and influence. In N. Mitra (Ed.). Emergence of Psychology, (pp. 38 - 54). Swami Vivekananda University, Kolkata.ISBN: 978-93-5967-757-6
2. Sen, A., Sarkar, L., (2024). Effect of Anxiety and Hope on Academic Stress of Pursuing Higher Education Students of Kolkata. In N. Mitra (Ed.). Mapping the Mind: An Exploration of Psychology, (pp. 33 - 43). Integrated Publications: New Delhi. Doi: https://doi.org/10.62778/int.book.433
3. Mondal, I., Sarkar, L., Mukherjee, P., (2024). Effects of Emotional Intelligence and Mental Health Status on Academic Achievement of College Students. In N. Mitra (Ed.). Mapping the Mind: An Exploration of Psychology, (pp.11-22). Integrated Publications: New Delhi. Doi: https://doi.org/10.62778/int.book.433
4. Chatterjee, S., Sarkar, L., (2024). A Quantative Comparative Study to analyze the Stress Reduction Effect in Pet Owners (Dog) and to The Degree It Differs from Non-Pet Owners in Urban Settings at Kolkata.. In N. Mitra (Ed.). Mapping the Mind: An Exploration of Psychology, (pp.45-55). Integrated Publications: New Delhi. Doi: https://doi.org/10.62778/int.book.433
5. Sarkar. S., Sarkar, L., (2024). Effect of Emotional Intelligence on Aggression and Job Satisfaction at Workplace. In N. Mitra (Ed.). Mapping the Mind: An Exploration of Psychology, (pp.57-67). Integrated Publications: New Delhi. Doi: https://doi.org/10.62778/int.book.433
6. Mondal, K., Sarkar, L., (2024). Unravelling the Complex Relationship Between Social Media Use and Adolescent Self-Esteem. In N. Mitra (Ed.). Mapping the Mind: An Exploration of Psychology, (pp.103-112). Integrated Publications: New Delhi.Doi: https://doi.org/10.62778/int.book.433
7. Sarkar. S., Mondal, K., Chatterjee, S., Sarkar, L., (2024). Examine the Effects of Parenting Styles on Child Attachment Patterns. In N. Mitra (Ed.). Mapping the Mind: An Exploration of Psychology, (pp.113-122). Integrated Publications: New Delhi.Doi: https://doi.org/10.62778/int.book.433
8. Sarkar. S., Mondal, K., Chatterjee, S., Sarkar, L., (2024). Examine the Effects of Parenting Styles on Child Attachment Patterns. In N. Mitra (Ed.). Mapping the Mind: An Exploration of Psychology, (pp.113-122). Integrated Publications: New Delhi.Doi: https://doi.org/10.62778/int.book.433
9. Sarkar. L., (2025). Understanding Pica : An Exploration of an Uncommon Eating Disorder. In N. Mitra (Ed.). Contemporary Perspectives in Psychology, (p.20-29).Penprints India. ISBN: 978-81-988004-5-9

10. Sarkar. L., (2025). Juvenile Delinquency: A Multidimensional Approach to Prevention and Rehabilitation. In N. Mitra (Ed.). Contemporary Perspectives in Psychology, (p.120-128).Penprints India. ISBN: 978-81-988004-5-9

A photograph of a handwritten signature in blue ink on a light-colored background. The signature reads "Lina Sarkar." with a period at the end.

LINA SARKAR