



CURRICULUMVITAE

NAME: -Mr. Arup Saha

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PERSONALDETAILS

Father's name: Mr. AshimBhusanSaha.

Mother's name: Mrs. Prativa Rani Saha.

Gender: Male

Date of Birth: 6th November 1992

State: WestBengal

Nationality: Indian

Address:117, Uttar Para Road, Rahara, Khardah, Kolkata-700118

CAREEROBJECTIVE

My career objective is to develop optometry platform in our state by enhancing study, skill development and research activity. Being an optometrist, my motto is to provide knowledge through discussion and practice with our students to make them skilled and successful professional optometrist and primary health care provider.

ACADEMICQUALIFICATION

Qualification	Institute	Subject	Percentage/DGPA	YearofPassing
MasterinOptometry	NSHM,Kolkata (MAKAUT)	Optometry	8.22	2020
BachelorofOptometry	NSHM,Kolkata	Optometry	8.36	2018
Diploma in Pharmacy	GNIPST, Sodepur, Kolkata (West Bengal state council of	D. Pharm.	59.3%	2015

technical education)

HigherSecondaryExam	RKV Mission vidyabhawan, Barrackpore.(WBCHSE)	+2Science	65%	2012
SecondaryExamination	RKV Mission Vidyabhawan, Barrackpore. (WBCHSE)	General	76.40%	2010

LANGUAGEKNOWN

Bengali (Mother-tongue); English (Professional proficiency); Hindi (Basic proficiency); Odia (Basicproficiency)

WORKEXPERIENCE

1. Currently working as faculty cum dispensing optometrist at Swami Vivekananda University, Barrackpore (OptometryDepartment, School of Allied Health Science)sinceJuly 2023 and also involved in management of optical outlet in collaboration with Essilor2.5NVG within university campus area to develop practicalexposure of optical set up inside campus and out-campus market.
2. Also served at Centurion University of Technology and management since 2021 and worked there up to April,2023. During job activities as Assistant Professor at Centurion University I have conducted subjects like Ocular anatomy, visual optics, optometric Optics, clinical and ocular pharmacology, binocular vision I, public health and community Optometry, Systemic disease and eye with assessment duties at Maharashtra and MP for B-Able students under Digital Eye-Mitra project managed by 2.5 NVG Essilor India PVT.LTD tied up with Centurion University. I have managed so many eyes screening camps on behalf of university and provided spectacle correction.
3. During job responsibility I also got experiences in lens cutting, polishing, fitting etc. in manual process and also by using Delta 300 automatic edger machine to operate shaping, edging polishing procedures as part of dispensing beside the clinical experience also.
4. Completed observation program successfully on clinical optometry from Priyamvada Birla Aravind Eye Hospital, Kolkata.
5. Completed one year experience and internship from R.G Kar. Medical college hospital as clinical Pharmacist.
6. Having 1 year full-time clinical internship at Sankara Nethralaya eye Hospital completed by 2018.

HOBBIESANDINTEREST

1. Driving, travelling and tourism
2. Drawing and Painting

SKILLSANDABILITY

1. AssignedasaSkillfacultytotrainstudentsofCenturionUniversityonophthalmiclensandspectacledispensingtechniques previously and now serving at Swami Vivekananda University conducted subjects like General & Ocular Anatomy, Visual Optics, General and Ocular Pharmacology, Systemic Disease and Eye, Dispensing Optics, low vision,Clinical Optometry lab etc.
2. More than 4 years of teaching and dispensing experience of providing quality optical service to our

patients and conducting classes with academic activities with lab training.

3. Active WB GOVT. registered pharmacist trained by R.G Kar Medical College Hospital, Kolkata.
(Registration no. A-17642)
4. Assigned as skill faculty as well as dispensing optometrist to manage optical outlet as part of university health care section.
5. Assigned as dispensing lab in charge with operating all manual lens cutting, polishing machines and automated Delta300 edger machine.

WORKING AREAS and Publication details

- Optometry and Vision Science
- Optical outlet and manufacturing lab management under university powered by Essilor 2.5 NVG
- Published 7 research Papers .
- Published 21 book chapters including 2 more previously published at “**Centurion Journal of Multidisciplinary Research; Volume 10**” ISBN:978-81-931721-0-0

• Article published under Swami Vivekananda University are:

S L N o	Title of paper	Name of the author/s	Department of the teacher	Name of journal	Year of publication	ISSN number	Link to the recognition in UGC enlistment of the Journal			Drive Link of The Paper
							Link to website of the Journal	Link to article	Is it listed in UGC Care list	
1	Prevalence of diabetic eye disease among target Population in urban area of India. 2664-8555 IJOO 2024,6(1): 07-13.	Monika Ojha, Arup Saha, Dr. Manas Chakraborty, Dr. Prabirendra Nath Sinha, Bulti Saha	Optometry	International Journal of Ophthalmology and Optometry	2024	P-ISSN: 2664-8547 E-ISSN: 2664-8555	DOI: 10.33545/26648547.2024.v6.i1a.25	https://www.ophthajournal.com/archives/2024.v6.i1.A.25/prevalence-of-diabetic-eye-diseases-among-target-population-in-urban-area-of-india	No	https://drive.google.com/drive/folders/14HAC-TFvB-Cltz38-k4fW-AWz6-2znI6qH

		Debnat h								
2	A Review study on prevalence of refractive error among school going, preschool going and adults in urban and suburban areas. 2664-8555 IJOO2024	Arup Saha and Bulti Saha Debnat h	Opt ometry	Internati onal Journal of Ophthalm ology and Optomet ry	2024	P- ISSN: 2664-8547 E- ISSN: 2664-8555	DOI: 10.33545/26648547.2024.v6.i1a.24	https://www.ophthajournal.com/archives/2024.v6.i1.A.24/a-review-study-on-prevalence-of-refractive-error-among-school-going-pre-school-going-and-adults-in-urban-and-suburban-areas	No	https://drive.google.com/drive/folders/14HAC--TFvBCltz38--k4fWAWz62znI6qH
3	A review study on the risk factors and the environmental factors linked to premature presbyopia	Arup Saha and Bulti Saha Debnat h	Opt ometry	Internati onal Journal of Applied Researc h	2024	ISSN Print: 2394-7500 ISSN Online: 2394-5869	DOI: https://dx.doi.org/10.22271/allresearch.2024.v10.i11c.12159	https://www.allresearchjournal.com/archives/2024/vol10issue11/PartC/10-11-66-854.pdf	No	https://drive.google.com/drive/folders/14HAC--TFvBCltz38--k4fWAWz62znI6qH
4	AI application s for eye disease diagnosis	Arup Saha and Bulti Saha Debnat h	Opt ometry	Internati onal Journal of Multidis ciplinary Trends 2024; 6(11): 48-50	2024	E- ISSN: 2709-9369 P- ISSN: 2709-9350	DOI: https://dx.doi.org/10.22271/multi.2024.v6.i11a.504	https://www.multisubjectjournal.com/article/504/6-11-16-919.pdf	No	https://drive.google.com/drive/folders/14HAC--TFvBCltz38--k4fWAWz62znI6qH
5	A review study on the hypertensi ve	Arup Saha and Bulti Saha	Opt ometry	Internati onal Journal of Applied	2024	ISSN Print: 2394-7500 ISSN	DOI: https://dx.doi.org/10.22271/allresearch.2024.v10.i11c.12159	https://www.allresearchjournal.com/archives/2024/vol10issue11/PartC/10-11-58-	No	https://drive.google.com/drive/folders/14HAC--TFvBCltz38--k4fWAWz62znI6qH

	retinopathy with its clinical presentation	Debnath		Research 2024; 10(11): 150-153		Online: 2394-5869	0.i11c.12151	367.pdf		ders/14HAC = TFvB Cltz38 -- k4fW AWz6 2znI6qH
6	The impact of contemporary technology on daily existence and visual impression . 27099350 IJMT2024; 6(11):43-47	Arup Saha, Bulti Saha Debnath and Debabrata Debnath	Optometry	International Journal of Multidisciplinary Trends	2024	P- ISSN: 2709-9350 E- ISSN: 2709-9369	DOI: 10.22271/multi.2024.v6.i11a.503	https://www.multisubjectjournal.com/archives/2024.v6.i11.A.503	No	https://drive.google.com/drive/folders/14HAC = TFvB Cltz38 -- k4fW AWz6 2znI6qH
7	International Journal of Biology Sciences 2024; 6(2): 91-94	Arup Saha, Bulti Saha Debnath and Debabrata Debnath	Optometry	International Journal of Biology Sciences 2024; 6(2): 91-94	2024	ISSN Print: 2664-9926 ISSN Online: 2664-9934	DOI: https://dx.doi.org/10.33545/26649926.2024.v6.i2b.237	https://www.biologyjournal.net/archives/2024/vol6issue2/PartB/6-2-22-877.pdf	No	https://drive.google.com/drive/folders/14HAC = TFvB Cltz38 -- k4fW AWz6 2znI6qH

List of Book Chapter

Sl. No .	Name of the teacher	Title of the book published	Title of the chapters published	Year of publication	ISBN number	Whether at the time of publication Affiliating Institution was same Yes/No	Name of the publisher	Link to Supporting Document/ Chapter Page	Additional link to the source sites
1	Arup Saha and Bulti Saha Debnath	Eye and Vision Science: Researches and Innovations	A review study on retinal complications due	2024	ISBN : 978-93-6135-203-4	Yes	Akinik Publications	https://www.doi.org/10.22271/ed	https://www.akinik.com/products/2887/eye-

	ath		to diagnosis delay in case of congenital glaucoma.					.book.2887	and-vision-science-researches-and-innovations
2	Diptiranjana Panda1, Arup Saha, Dr.ManasChakrabarty, Dr.Prabirendra Nath Sinha, Bulti Saha Debnath	Eye and Vision Science: Researches and Innovations	Prevalence of untreated matured cataract in rural and urban areas.	2024	ISBN : 978-93-6135-203-4	Yes	Akinik Publications	https://www.doi.org/10.2271/ed.book.2887	https://www.akinik.com/products/2887/eye-and-vision-science-researches-and-innovations
3	Mr.Suraj Singh1, Arup Saha and Bulti Saha Debnath	Eye and Vision Science: Researches and Innovations	A-Scan technique : Immersion vs contact. Which one should be the ideal? (Patient data and survey report).	2024	ISBN : 978-93-6135-203-4	Yes	Akinik Publications	https://www.doi.org/10.2271/ed.book.2887	https://www.akinik.com/products/2887/eye-and-vision-science-researches-and-innovations
4	Arup Saha1, Bulti Saha Debnath and Madhab Maharana	Eye and Vision Science: Researches and Innovations	A review study on air pollution impacts affecting ocular health & manifestation.	2024	ISBN : 978-93-6135-203-4	Yes	Akinik Publications	https://www.doi.org/10.2271/ed.book.2887	https://www.akinik.com/products/2887/eye-and-vision-science-researches-and-innovations
5	Aklima Khatun1, Arup Saha and Bulti Saha Debnath	Eye and Vision Science: Researches and Innovations	Exploring the effects of Nd:YAG capsulotomy and changes of IOP during post-surgical	2024	ISBN : 978-93-6135-203-4	Yes	Akinik Publications	https://www.doi.org/10.2271/ed.book.2887	https://www.akinik.com/products/2887/eye-and-vision-science-researches-and-innovations

			condition						ns
6	Arup Saha ¹	Contact Lens Practice Manual By Swami Vivekananda University	RGP Lens Design & Fitting.	2024	ISBN 978-93-340-7136-8	Yes	SWAMI VIVEKANANDA UNIVERSITY	page 92-101	https://www.swamivivekanandauniversity.ac.in/backend/resource/assets/images/book/1740149885Contact%20Lens%20Practice%20Manual%20book%20(2)_compressed.pdf
7	Diptiranjana Panda ¹ , Arup Saha, Dr. Manas Chakrabarty, Dr. Prabir Nath Sinha, Bultisaha Debnath	Eye and Vision Science: Researches and Innovations	Impact of excess technology use in daily life & ocular manifestation.	2024	ISBN : 978-93-6135-203-4	Yes	Akinik Publications	https://www.doi.org/10.22271/ed.book.2887	https://www.akinik.com/products/2887/eye-and-vision-science-researches-and-innovations
8	Arup Saha ¹	Pearls of Clinical Optometry By Swami Vivekananda University	Clinical Refraction & Visual Acuity	2023	ISBN: 97893-6076-1318	YES	SWAMI VIVEKANANDA UNIVERSITY	PAGE 17-25	https://www.swamivivekanandauniversity.ac.in/backend/resource/assets/images/book/171696320616Optometry_Pearls%20of%20Clinical%20Optometry.pdf
9	Arup Saha ¹	Pearls of Clinical Optometry By Swami Vivekananda	Subjective & Objective Refraction with	2023	ISBN: 97893-6076-1318	YES	SWAMI VIVEKANANDA UNIVERSITY	PAGE 27-38	https://www.swamivivekanandauniversity.ac.in/

		University	dispensing						backend/resource/assets/images/booking/171696320616Optometry_Pearls%20of%20Clinical%20Optometry.pdf
10`	Arup Saha, BultiSahaDebnath	Frontiers in Allied Health Research	Treatment Of Ocular Surface Disorders Using Contact Lenses	2025		Yes	CHYREN PUBLICATION	https://doi.org/10.5281/zenodo.16417508	https://zenodo.org/records/16417509
11	Arup Saha, BultiSahaDebnath	Clinical and Research Insights in Allied Health Sciences	Vitamin D deficiency and its related ocular manifestation.	2025	ISBN: 978-81-950003-8-8	Yes	Shubhangam Publication, Amravati, MS, India	https://doi.org/10.5281/zenodo.16441585	https://zenodo.org/records/16441585
12	Arup Saha, BultiSahaDebnath	Innovation in Allied Health	Review study on early presbyopic condition ;its pathophysiology and management	2025	ISBN 978-93-6665-726-4	Yes	Authors click publishing	Page 91	https://authorsclick.com/product/innovations-in-allied-health-a-triad-of-rehabilitation-vision-and-diagnostics/
13	Arup Saha, BultiSahaDebnath	Applied Research in clinical Allied Science	A review study on latent hyperopic conditions and its affects in our daily activities	2025	ISBN 978-93-7155-826-6	Yes	Spark Venue Publishing	Page 113	https://sparkvenuepublishing.com/?product=applied-research-in-clinical-allied-sciences-a-fusion-of-disciplines

14	Arup Saha and BultiSahaDebnath	Core Principles of Integrated Multidisciplinary Healthcare Practice	Elevated Blood Cholesterol Levels and Problems with The Eyes	2025		Yes	Helmand Books	Page 77-86	Core Principles of Integrated Multidisciplinary Healthcare Practice Helmand Books
15	Arup Saha	Research Horizons in Allied and Health Sciences” A research paper compiled book	Clinical Practice Implications of the Amblyopia Treatment Studies	2025	Paperback ISBN: 978-93-5834-433-2 E-Book ISBN: 978-93-5834-498-1	Yes	Integrated Publications TM New Delhi	Page 99-109	Research Horizons in Allied and Health Sciences ISBN 9789358344332, Allied Health Sciences Book, Medical Book, Healthcare Innovations Book, Health Sciences Book, Medical Sciences Book : SrimantiSarkar, DipanwitaGhosh and Oly Banerjee: Amazon.in: Books
16	Arup Saha and BultiSahaDebnath	Interdisciplinary Approaches in Modern Healthcare Delivery	Current Theories of Myopia and Methods for Managing	2025		Yes	Bright Sky Publications TM New Delhi	Page 109-122	-
17	Arup Saha and BultiSahaDebnath	Foundations of Health Science Research: A Multidisciplinary Academic Collection	An Overview of Vision Therapy and consciousness to	2025	Paperback ISBN: 978-93-7150-128-6 E-Book	Yes	AkiNik Publications ® New Delhi	https://doi.org/10.22271/ed.book.3413	https://www.akinik.com/products/3413/foundations-of-health-

			Pediatricians		ISBN: 978-93-7150-833-9			101-110	science-research-a-multidisciplinary-academic-collection
18	Arup Saha	Innovations in Vision Research: Bridging Science and Clinical Practice	Changes in the eyes brought on by aging	2025	ISBN Number : 978-93-5469-261-1	Yes	Swami VIVEKANANDA UNIVERSITY	Page 26-40	-
19	Jayeeta Dandapat, Arup Saha, Bulti Saha Debnath	Emerging Trends in Optometry on vision Science and eye health	Ocular diagnostic tests effect on ocular health	2026	ISBN 9788199956049	Yes	Swami VIVEKANANDA UNIVERSITY	Page 84-104	https://swamivivekandandauniversitypress.com/index.php/svup/issue/view/29
20	Arup Saha and Bulti Saha Debnath	New Dimensions in Optometry: Evolving practice and perspectives	AI application for eye disease diagnosis	2026	ISBN 9788199956094	Yes	Swami VIVEKANANDA UNIVERSITY	Page 32-40	https://swamivivekandandauniversitypress.com/index.php/svup/issue/view/28
21	Bulti Saha Debnath Arup Saha	Current Development in Optometry & Vision Science	The negative impact on frequent fasting on eye health	2026	ISBN 9788199956063	Yes	Swami VIVEKANANDA UNIVERSITY	PAGE 94-106 DOI - https://doi.org/10.65525/SVUP.9788199956063.2026.1-117	https://swamivivekandandauniversitypress.com/index.php/svup/article/view/366

PROFESSIONAL RELATED ACTIVITIES

1. Seminar, Newsletter and community camp, Internship management at Department of Optometry, School of Allied Health Science, Swami Vivekananda university.
2. NAAC work experienced about seminars, webinars, conferences and guest speakers' program management etc. NAAC criteria 3.3.2, actively participated at Centurion University NAAC assessment.
3. Have experience as master assessor from Centurion University for assessment of Eye-Mitra technicians of Essilor 2.5 NVG program at Maharashtra and MP.
4. Lab-in-charge and assistant Professor at Department of Optometry at Centurion University, Bhubaneswar since 2021 to April, 2023 and same professional activities continuing at Swami Vivekananda University as Assistant professor and OPD in charge since July 2023.
5. Optical management under university and Eye screening camp management.
6. Involved in development and management of CUTM 2.5 NVG optical outlet and same continuation initiated at Swami Vivekananda University to operate optical outlet collaboration with 2.5 NVG that is an initiative by Essilor India PVT. LTD.

7. Participated in World congress of optometry at Hyderabad, SNK Symposium at Kolkata, KOC, BOC conference programs etc.

DECLARATION

I hereby declare that the information provided by me is true to the best of my

knowledge. Date:- 14-09-2026

A handwritten signature in blue ink, appearing to read 'Anupama.', is shown within a rectangular frame.

Current place:- Swami Vivekananda University, Barrackpore

Permanent address: - Khardaha, Kolkata.

