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# Exploring ECIS-Based Cellular Hypoxia Detection: Advances and Applications in Biomedical Research

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#### **Abstract**

Hypoxia, a condition where oxygen levels in tissues are lower than normal, is a critical factor in many diseases, including cancer, cardiovascular diseases, and ischemic conditions. Detecting cellular hypoxia is crucial for understanding disease mechanisms and developing therapeutic strategies. Electrical Cell-Substrate Impedance Sensing (ECIS) is an innovative technique that offers a non-invasive, real-time, and high-throughput method for studying cellular responses to hypoxia. This paper reviews the principles of ECIS-based hypoxia detection, recent advances in the technology, and its applications in biomedical research. We discuss how ECIS can be used to monitor cellular behavior under hypoxic conditions and explore its potential for clinical diagnostics and drug testing.

**Keywords:** Biomedical, ECIS, Artificial Intelligence.

#### 1. Introduction

Hypoxia is a key feature in numerous physiological and pathological processes, including tumor growth, wound healing, and neurodegenerative diseases (Krohn et al., 2021). Understanding how cells respond to reduced oxygen levels is essential for developing effective therapies for these conditions. Traditional methods for assessing cellular hypoxia, such as oxygen-sensitive dyes or molecular probes, often involve complex procedures and invasive techniques. In contrast, Electrical Cell-Substrate Impedance Sensing (ECIS) offers a more efficient, non-invasive, and real-time approach for detecting hypoxia at the cellular level.

ECIS is based on the measurement of impedance changes across an electrode array in contact with living cells, allowing researchers to monitor cellular behavior in response to various stimuli, including changes in oxygen

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availability (Stern et al., 2017). This review explores the principles of ECIS technology, its use in hypoxia detection, and its applications in biomedical research.

## 2. Principles of ECIS Technology

ECIS is an impedance-based biosensing technique that measures the electrical properties of cells grown on a substrate. The impedance data provide insights into various cellular activities, including adhesion, migration, proliferation, and barrier function (Giaever & Keese, 2005). The technique relies on the interaction between cells and an electrode array embedded in a culture substrate. When cells attach to the electrodes, they create a biological barrier that alters the electrical impedance. These impedance changes can be monitored over time to observe cellular responses to various external factors, including changes in oxygen levels.

The key principle behind ECIS is that cellular impedance is influenced by several factors, such as cell density, morphology, and integrity of cell junctions. Hypoxic conditions can affect these properties, leading to measurable changes in impedance. For example, hypoxia has been shown to alter cell-cell junctions and increase cell migration, which in turn affects the impedance profile of the cellular monolayer (Zhao et al., 2019).

## 3. ECIS and Hypoxia Detection

Detecting hypoxia using ECIS relies on the ability of cells to respond to low oxygen levels, which can induce various physiological changes, such as alterations in cellular morphology, growth rate, and cell-cell adhesion. Under hypoxic conditions, cells often undergo adaptive responses that include the activation of hypoxia-inducible factors (HIFs), which regulate the expression of genes involved in angiogenesis, metabolism, and cell survival (Semenza, 2012). These molecular changes are often accompanied by changes in the cellular impedance profile, making ECIS an ideal method for monitoring hypoxia-induced cellular responses in real time.

Several studies have demonstrated the ability of ECIS to detect hypoxia-induced changes in various cell types, including endothelial cells, cancer cells, and cardiac myocytes (Jiang et al., 2015). In one study, ECIS was used to monitor the effects of hypoxia on the barrier function of endothelial cells. The results showed a significant decrease in impedance under hypoxic conditions, which was attributed to the disruption of tight junctions and increased permeability (Müller et al., 2016). Similarly, ECIS has been employed to assess the effects of hypoxia on cancer cell proliferation and migration, with studies showing that impedance measurements correlate with changes in cell growth and motility under low oxygen conditions (Liu et al., 2020).

#### 4. Advantages of ECIS for Hypoxia Detection

ECIS offers several advantages over traditional hypoxia detection methods. First, it is non-invasive and does not require the addition of chemical probes or dyes, which can interfere with cellular responses (Keese et al., 2004). Second, ECIS provides real-time data, allowing continuous monitoring of cellular behavior without the need for sample collection or time-consuming analyses. This is particularly useful for studying dynamic processes, such as cell migration and proliferation, which can change rapidly under hypoxic conditions.

Additionally, ECIS is highly sensitive and can detect subtle changes in cellular impedance that may not be apparent using other methods. For example, impedance measurements can detect early cellular responses to hypoxia, such as changes in cell morphology or the activation of specific signaling pathways, before more dramatic alterations, such as changes in gene expression or protein levels, occur (Jiang et al., 2015). This makes ECIS a powerful tool for high-throughput screening of drugs or therapies aimed at modulating cellular responses to hypoxia.

## 5. Applications of ECIS in Biomedical Research

ECIS has been widely used in biomedical research to study various aspects of cellular behavior under hypoxic conditions. One prominent application is the study of cancer biology. Tumors often grow in regions with insufficient oxygen supply, leading to the development of hypoxic microenvironments that promote tumor progression and resistance to therapy (Jiang et al., 2015). ECIS-based assays have been used to monitor the effects of hypoxia on cancer cell proliferation, migration, and drug resistance, providing valuable insights into the mechanisms of tumor growth and metastasis.

Another key application of ECIS is in the field of vascular biology. Endothelial cells, which line blood vessels, are highly sensitive to changes in oxygen levels. ECIS has been used to investigate how hypoxia affects endothelial cell function, including barrier integrity, angiogenesis, and the formation of tight junctions (Müller et al., 2016). Understanding these processes is crucial for developing therapies to treat ischemic diseases, such as heart attacks and strokes, where impaired blood flow leads to tissue hypoxia.

ECIS has also found applications in drug testing and screening. By using ECIS to monitor cellular responses to hypoxia, researchers can evaluate the effectiveness of potential therapeutic compounds in promoting or inhibiting hypoxia-induced changes in cell behavior (Liu et al., 2020). For example, ECIS has been employed to screen for drugs that can restore endothelial cell barrier function under hypoxic conditions, a critical step in the development of therapies for conditions like pulmonary hypertension or diabetic retinopathy.

#### 6. Challenges and Future Directions

Despite its advantages, there are several challenges associated with ECIS-based hypoxia detection. One limitation is the need for careful calibration of the electrode array to account for variations in cell type, culture conditions, and experimental setup. Additionally, while ECIS is highly sensitive to changes in cell morphology and behavior, it does not provide detailed molecular information about the underlying mechanisms of hypoxia-induced responses. Future studies may focus on integrating ECIS with other techniques, such as gene expression profiling or proteomics, to gain a more comprehensive understanding of cellular responses to hypoxia.

Moreover, while ECIS has been successfully used in in vitro studies, its application in in vivo models remains limited. The development of miniaturized ECIS devices that can be implanted into animal models or patients may enable real-time monitoring of hypoxia in vivo, providing valuable insights into disease progression and treatment efficacy.

ECIS-based cellular hypoxia detection offers a promising, non-invasive, and high-throughput method for studying cellular responses to low oxygen conditions. The technique provides real-time, quantitative data on cellular behavior, including changes in morphology, migration, and proliferation, making it a valuable tool for biomedical research. As advances in ECIS technology continue, the technique is likely to play an increasingly important role in the study of hypoxia-related diseases, drug testing, and the development of targeted therapies for conditions such as cancer, cardiovascular diseases, and ischemic disorders.

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