

CURRICULUM VITAE

Name	Dr. Papia Mukherjee	
Qualification	Ph.D, in Psychology (CU) PGD in Rehabilitation Psychology (New Delhi, RCI registered) PGD in Performing Art Therapy (RBU) Graphology First Degree (KIG) REBT Practitioner (certified from Ellis University, Bangalore Chapter). MSW Perusing (2 nd Year)	
Designation, Department and School	Assistant Professor, Department of Psychology, School of Allied health	
Subject teach	Research Methodology, Positive Psychology, Forensic and Correctional Psychology, Mental Status Examination and Clinical Assessment, Organizational Behaviour, Personality Theories, Introduction to Psychology	
Research Interest	Positive Psychology, Social Psychology, Developmental Psychology, Stress Management	
Experience	From 2008 to 2025	
Publications	<ol style="list-style-type: none">1. Mukherjee, P., Chaudhuri, A. & De, S. (2016). Contributory Factors of Marital Quality for Joint and Nuclear Family Setup: A Study on Urban Couples. Indian Journal of Community Psychology 12 (2).2. Mukherjee, P., Chaudhuri, A. & De, S. (2016). A study on marital quality of couples from urban area. Indian Journal of Positive Psychology 7 (1), 43. Tewari, S., Sarkar, L., Pramanik, P., Mukherjee, P., Pattanayak, A. & Khan, F.M. (2023). Microbiome: Human Nutrition and Psychology. International Journal of	

Indian Psychology, 11(3), 1146-1157. DIP:
18.01.110.20231103, DOI: 10.25215/1103.110

4. Ghosh, E. & **Mukherjee, P.** (2024). A study on the level of video game addiction among adolescent students of urban population. International Journal Psychology Research; 6(1), 10-13. Doi: <https://doi.org/10.33545/26648903.2024.v6.i1a.43>
5. Ghosh, E. **Mukherjee, P.** & Maity, A. (2024). Relationship between anxiety and internet addiction among adolescent students from urban area. International Journal of Psychology Sciences; 6(1):1-3. Doi: <https://doi.org/10.33545/26648377.2024.v6.i1a.33>.
6. Ghosh, E., **Mukherjee, P.** & Ghosh, S. (2024). A comparative study on objectified body image and self-efficacy among young adult and middle aged women from urban area. International Journal Psychology Research.; 6(1):5-9. Doi: <https://doi.org/10.33545/26648903.2024.v6.i1a.42>
7. Ghowrui, A. & **Mukherjee, P.** (2024). Effect of gender discrimination on resilience and motivation of women. International Journal of Psychology Sciences, 6(1), 27-30. Doi: <https://doi.org/10.33545/26648377.2024.v6.i1a.39>.
8. Bhattacharyya, M. & **Mukherjee, P.** (2024). Is attachment style correlated with anxiety, depression and gaming addiction? A comparative study on style of attachment of college students. International Journal Psychology Research; 6(1):78-80. Doi: <https://doi.org/10.33545/26648903.2024.v6.i1b.53>.
9. Das, S. & **Mukherjee, P.** (2024). The correlation between child rearing practices and gender differences on personality development among adolescence. International Journal of Psychology Research 2024; 6(1): 81-89. Doi: <https://doi.org/10.33545/26648903.2024.v6.i1b.54>.
10. Ghosh, E. & **Mukherjee, P.** (2024). Is Video Game Addiction Promoting FOMO? The International Journal of Indian Psychology; 12 (3), July -September, 2024. Doi: <https://doi.org/10.25215/1203.053>.
11. Bhattacharyya, M. & **Mukherjee, P.** (2024). The impact of parenting style on anxiety and gaming addiction among

the young adults. International Journal of Research in Psychiatry; 4(2) Part A, 2024 DOI: <https://doi.org/10.22271/27891623.2024.v4.i2a.54>.

12. Farhana, S., Khanal,K., Das, I. & **Mukherjee, P.** (2024). The benefits of art therapy on attention deficit hyperactivity disorder and autism spectrum disorder. International Journal of Psychiatry Sciences; 6 (1, Part A) DOI: <https://doi.org/10.33545/26649241.2024.v6.i1a.15>.
13. Jha, K. & **Mukherjee, P.** (2024). A comparative study on the influence of perceived stress and relationship satisfaction on somatic symptoms among married women. International Journal of Psychiatry Research; 6 (2, Part A). DOI: <https://doi.org/10.33545/26648962.2024.v6.i2a.75>.
14. Pal,P., Ghosh,E. & **Mukherjee, P.** (2024). Breaking the mold: How challenging gender stereotypes influences marital quality. International Journal of Applied Research; 10 (11, Part-F). DOI: <https://doi.org/10.22271/allresearch.2024.v10.i11f.12193>.
15. Roy Bhowmik, A., Chakraborty, M. & **Mukherjee, P.** (2024). Effectiveness of music therapy in managing sleep deprivation. International Journal of Multidisciplinary Trends; 6 (11, Part-B). DOI: <https://doi.org/10.22271/multi.2024.v6.i11b.519>
16. Ghowrui, A. & **Mukherjee, P.** (2025). Are resilience, self-efficacy and psychological well-being associated with attitude towards gender equity? A compared to study among women. International Journal of Multidisciplinary Trends; 7,(2, Part A). DOI: <https://doi.org/10.22271/multi.2025.v7.i2a.588>
17. Ghosh, D., Farhana, S., Ghosh, E. & **Mukherjee, P.**(2025). Influence of Bengali fictional literature on young readers. International Journal of Applied Research; 11(2, Part A). DOI: [10.22271/allresearch.2025.v11.i2a.12339](https://doi.org/10.22271/allresearch.2025.v11.i2a.12339)

1. **Mukherjee, P.** (2016). Well-being and Insecurity Among Married Women. Our Place Our Space Our Case (Women's Issues In Contemporary Perspectives) ISBN 978-93-85119-65-1.
2. **Mukherjee, P.** (2023). Children Literature and its impact on Psyche: A journey to mystic world. In N. Mitra (Ed.). *Emergence of Psychology*, (pp. 1 -17). Swami Vivekananda University, Kolkata. ISBN: 978-93-5967-757-6. DOI: <http://doi.org/10.62715/trp.2024.book.978-93-5967-757-6.pp01-114>.
3. Jha, K. & **Mukherjee, P.** (2024). Is 'Perceived Stress, Locus of Control and Relationship Satisfaction' Associated with Expressed Somatic Symptoms of Married Women? In N. Mitra (Ed.). *Mapping the Mind: An Exploration of Psychology*, (pp. 1- 9). Integrated Publications: New Delhi. Doi: <https://doi.org/10.62778/int.book.433>.
4. Mondal, I., Sarkar, L. & **Mukherjee, P.** (2024). Effects of Emotional Intelligence and Mental Health Status on Academic Achievement of College Students. In N. Mitra (Ed.). *Mapping the Mind: An Exploration of Psychology*, (pp. 11- 22). Integrated Publications: New Delhi. Doi: <https://doi.org/10.62778/int.book.433>.
5. **Mukherjee, P.**, Gyanranjan, M., Riba, M.J. & Goswami, S. (2024). Exploring the Role of Spiritual Practices on Well- being and Happiness: A Comparative Study Among College Going Male Students. In N. Mitra (Ed.). *Mapping the Mind: An Exploration of Psychology*, (pp. 69- 78). Integrated Publications: New Delhi. Doi: <https://doi.org/10.62778/int.book.433>.
6. Shaw, T. & **Mukherjee, P.** (2024). Exploring the Relationship between Locus of Control and Social Support of Women and their Job Satisfaction. In N. Mitra (Ed.). *Mapping the Mind: An Exploration of Psychology*, (pp. 79- 89). Integrated Publications: New Delhi. Doi: <https://doi.org/10.62778/int.book.433>.
7. Ghosh, E. & **Mukherjee, P.** (2025). Psychological Impact of Social Media on Youth. In Dr. U. Mufti, Dr.

A. Khan, Drx. L. Suthar (Ed.). *Exploring the Cosmos: Interdisciplinary Research Approach*, (pp. 51-61). Notion Press, ISBN: 979-889673635-6. Publish Date: January 2025

▪ **Patent :**

1. SMART VOICE ASSISTED LEARNING DEVICE FOR VISUALLY IMPAIRED STUDENTS

Class: 14 RECORDING, TELECOMMUNICATION OR DATA PROCESSING EQUIPMENT

Subclass: 01 EQUIPMENT FOR THE RECORDING OR REPRODUCTION OF SOUNDS OR PICTURES,

Design number: 6295358

Grant date: 18 July 2023

Registration date: 10 July 2023

Author_ : Prarthita Biswas, Nilanjana Mitra, Subhadeep Mazumder, Debashis Roy, **Papia Mukherjee**, Liton Mallick, Mam Sameem, Dan Agervig Hansen, Abjel Mondal.

2. Title of the invention : **AN EFFICIENT METHOD AND SYSTEM FOR PREPARING NUTRIENT-RICH BROCCOLI AND CASHEW NUT SPREAD.**

Application Number: 202531001844
Journal No 03/2025

Filing Date :08/01/2025
Date of Publication 17/01/2025

Author: Mitra Dhara Rupali, Poulomi Mistry, Sengupta Prantika, Das Shreyasi, Dubey Kumari Kriti, Mondal Kumar Kingsuk, **Mukherjee Papia**, Jaiswal Ganesh Swapnil, Sudam Kalyani, Thote Londhe Vitthal Muktanand, Dagaduappa Manmath Sontakke, Maske Vishwanath Sachin,

▪ **Project:**

1. A Study on the students' perception of Child Friendly School, supported by **CRY**, **conducted by Mon Foundation**

2. Baseline Prevalence Study on school going children, supported by **N.R.Tata Trust (ASAP)**.

Academic Awards	
Journal Reviewer	
Other salient features	<ul style="list-style-type: none"> ▪ External ICC member of Haldia Government College, West Bengal. ▪ Life time Member of Association of Rehabilitation Psychologists and Professionals (West Bengal chapter). ▪ Member of Behala Keertika (Women empowerment and Protection Home) ▪ Member and Attending Psychologist of Manosamikshan, a Unit of Sodepur Bhorer Alo Welfare Society, under society registration Act,1961, WB. (Mental health related activities, Training and Therapy centre). ▪ Prior member of Indian Psychiatric Society and Mon Foundation ▪ Representative from India in Panel Discussion with Voice of America, ▪ Guest speaker in Mental health related programs in Duradarshan (DD BANGLA), Akashvani Kolkata (Maitree). ▪ Completed a project on “Impact of Media on Psyche” ▪ Completed a project on “A Study of Value Profile of Sports Personnels” ▪ Completed a project on “Institution and Non Institutional Aged Person”. ▪ Was under field work placement in PRADIP, committed towards the betterment of autism. ▪ Was under field work placement in PRERANA, dedicated towards of the promotion of Mentally Challenged persons. ▪ Worked as field worker at Ramakrishna Mission Old age Home. ▪ Have worked as a psychologist in C.U.I.P.P of Department of Psychology, University of Calcutta for the period August 2007 to October 2007.

	<ul style="list-style-type: none"> ▪ Was under WEBEL, Calcutta Blind School, Ramkrishna Mission Blind Boy's Academy, NIHH, ICH, Monovikash Kendro. ▪ Presented comprehensive report on the case studies of students of Calcutta Deaf & Dumb School and Muk-O-Badhir Bidyamandir, Baranagar
<p>Symposium/Workshop/Conference/Seminar/We binar</p>	<ul style="list-style-type: none"> ▪ Was invited as a speaker in a Awareness Programme on Youth Counseling & Mental Health Promotion conducted by MCKVIE on 27th March 2014. ▪ Was invited as a speaker to deliver a presentation on Mental Health Problem and Adolescent in a Awareness Programme at Amta Udaynarayanpur School, organized by MCKVIE on 24th March 2014. ▪ Was invited as a presenter to deliver a presentation on “kaishorer samasya ebang samadhane Jeevan kushalata Siksha” at Howrah Deshbandhu Balika Vidyalaya on 25th August,2014. ▪ Was attended as a speaker in a awareness programme to deliver a speech on “Impact of Mental Health Problem on Adolescents” at MCKV Institute of Engineering on 27th August ,2014. ▪ Was invited as a speaker on “Mental health and School going Children ” at Panihati Nagorik Samiti in 2024. ▪ Was invited as a speaker in a panel discussion on “Beyond the Books: Prioritizing Mental Wellness for a holistic development”, organized by GNIPST on 7th November, 2024 . ▪ Was invited as a speaker on “Impact of Social Media on Mental health of Social School going Children ” at Panihati Pratibandhi Kalyan Samiti on 12th January, 2025. ▪ Organised a seminar on Psychological and behavior problems of teenagers (MANAN) in collaboration with Rotaract Club of Laketown Conquerors on 27th October, 2017. ▪ Organised a workshop named Healthy Mind Camp on 23rd November, 2022 at Swami Vivekananda University. ▪ Organised a awareness programme on National Grief Awareness Day as member of department of Psychology, on 30th August, 2022 at Swami Vivekananda University

	<ul style="list-style-type: none"> ▪ Cooperated to Organize a seminar on World Autism Awareness Day on 3rd April, 2023 at SVU as a member of Department of Psychology, Swami Vivekananda University. ▪ Cooperated to Organize a workshop on Thematic Apperception Test (TAT) on 27&28 January,2024, at SVU as a member of Department of Psychology, Swami Vivekananda University. ▪ Organised one day faculty development programme on “ Ethical Guidelines and Good Clinical Practice for Researchers” on 11th January,2025 at Swami Vivekananda University.
Contact	8777560677